

Individual Contact Tracing Self-Assessment

- **What is the purpose of this individual contact tracing self-assessment?**

Our goal is to protect you and your teammates from contracting and spreading COVID 19.

The purpose of this tool will assist your discussion with the relevant Public Health Authority and ideally help inform them, and the appropriate decision-makers as to who should be classified as a **Close or Casual** contact.

- **What is the difference between close and casual contact?**

Close contacts are required to restrict their movements for 14 days and as such would be ineligible to participate in GAA Activity. **Casual** contacts do not have to restrict their GAA activity.

Please complete the below questionnaire as accurately as you recall.

Close or Casual Contact Self-Assessment		
	Yes	No
Did you attend any team session within the previous 48 hours?		
If yes, please define the type of setting 1. Pitch session 2. Gym session 3. Game 4. Other		
Is your training environment set up in line with the specific COVID 19 guidelines?		
Were all indoor team activities restricted to a maximum of 15 minutes in a well-ventilated room with all wearing face-covering and observing 2m spacing?		
Was social distancing effectively implemented in the dressing room area?		
Did you travel to training on your own? If no, can you name individuals who travelled with you:		
Did you have greater than 15 minutes face-to-face (<2 meters distance) contact with any individual? If yes, can you name the individuals:		

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